

Cowichan Camerata String Orchestra

COVID-19 Safety Plan for the HUB (Sept. 18, 2020)

- DO NOT ENTER if experiencing any COVID symptoms such as fever, chills, new cough, shortness of breath, sore throat, and painful swallowing
- If you have tested positive for COVID-19 and have visited the facility in the previous 2 weeks, you must follow directions of the Provincial Health Officer and ensure that the HUB staff is made aware for contact tracing purposes.
- Maintain physical distance between each other—2 metres (6 feet)—as much as possible
- Respect directional signage inside the HUB building
- Wash or sanitize hands frequently, including on arrival, at break times and at departure
- Cover coughs or sneezes with elbow, and avoid touching face with hands
- No hugs, handshakes, or high fives please
- Let your musical instrument strings do the talking—limit speech & keep voices down to reduce droplet spread
- A maximum of 24 people may be gathered in the Heritage Room; a maximum of 48 people may be gathered in the Gym. Do not congregate or linger inside after meeting.
- Bring your own snack and drinking water; maximum 2 people in the kitchenette
- Enhanced room cleaning protocols will be followed
- **Face masks/coverings are required to be worn by all people at all times within the rehearsal and performance rooms** (exceptions: children 2 years and under; during brief food/drink breaks; rare other instances on the approval of the board only).

****If feeling sick with possible COVID symptoms stay home, no exceptions****

If you have fever, chills, a new cough, shortness of breath, sore throat, etc. call 8-1-1 or complete the online BC COVID-19 Self-Assessment Tool at:

<https://www.thrive.health/bc-self-assessment-tool> .

“Be Calm. Be Kind. Be Safe.”